

Beauty Services

Waxing -(Using T Tree wax)

Half Leg— £12..95

Full leg - £17.95

Bikini— £6.95

Underarm - £4.95

Lip - £3.25

Chin - £4

Eyebrow - £5

Men's waxing -

Chest wax £11.95

Back wax £11.95

Chest/back wax £22

Eyes -

Lash dye - £7.50

Lash /brow dye £9

Brow dye- £3.50

(skin tests required)

Nails -

Manicure - £14

Deluxe—includes scrubs, hot stone massage to hands and arms.

£19.50

Pedicure - £18

Deluxe Pedicure—inc hot stone massage, and scrubs £25



Heal Your Life TRANSFORMATIONAL WORKSHOPS

Enabling you to transform
your life..

and achieve your
'True Potential!'

2 day workshops

10 week courses

Specialist days

Ask us for more details

Or visit our website -

www.newlifetraining.com

Ultimate Bliss

Gift Vouchers Available

Come and Relax!

Tel - 01492 513686//07817913467

E-mail: info@newlifetraining.com

www.newlifetraining.com

Ultimate Bliss

Holistic /Beauty Services Price List



Ultimate Bliss

01492 513686/07817913467

Holistic Services



by

Helen Robinson

(C.I.D.E.S.C.O)

(IFR CertEd AthLM FHT)

Over 20 years experience

*Holistic/Beauty Therapist

*Holistic Teacher

*Certified 'Heal your Life' Trainer

*Reiki Master

Therapy Lecturer for the

Federation of Holistic

Therapists. Fully insured by FHT



Massage Services -

Full Body Massage— 75 mins - £35

(inc face, feet and scalp massage)

Back/neck/shoulders—40mins - £22

Aromatherapy—Full Body/90 mins £39

(inc face, feet and scalp massage)

Aromatherapy—back/, neck and shoulders
£24

Hot Stone Massage -(volcanic stones)

Full body—105 mins £49

(inc face, feet and scalp, crystals,)

Back, neck, shoulders—50 mins £32

Hopi Ear Therapy (candling)

Ancient art of ear candling, fantastic for:-

*Sinus problems *Migraine* Congestion

Hay fever /allergies *Snoring *Stress *Induces
deep relaxation (includes lymphatic drainage
and pressure points massage to the face, head,
neck, shoulders and back.)

60 mins £32

Course of 3 £75



Reflexology—Balance the body!

One hour— £25

Deluxe –includes Hot Stone Massage to
the feet, legs, face and scalp –

75 mins £30

Indian Head Massage -

Massage to the head, neck and shoul-
ders, clothed or unclothed, pressure
points, deep scalp massage. Very invigo-
rating!

40 minutes £21

Holistic Energizing Facial -

Includes Aromatherapy oils, Shiatsu
pressure points, Lymphatic drainage
massage to the face, neck, shoulders and
upper back, scalp massage ,cleansing,
deep cleansing and mask.

90 mins £30



Ultimate Bliss

Come and Relax!

Gift Vouchers Available

Tel - 01492 513686/07817913467

E-mail: info@newlifetraining.com

www.newlifetraining.com